

All known safeguards stand behind this institution.

They are as Safe as Human Ingenuity Can Make Them.

THE requirements of the U. S. Government National Bank Laws guarantee safety to the depositors of OUR Bank.

This should be conclusive evidence that the National Bank provides its depositors with a cash guarantee against loss, and our customers may rest assured that their funds entrusted to our care are secure.

—THE—

First National Bank

R. A. MORROW, President
DR. J. E. ASHCRAFT, Vice-Pres.
D. A. HOUSTON, Cashier.

KILLED THE LITTLE BRIDE

Boy Lover Shot His Former Sweet-heart and Then Himself—Young Husband Knew Nothing of the Affair.

Durham Dispatch, June 4.

"He was jealous because I married another man, and told me that if I didn't leave my husband and live with him that he would kill me," gasped Mrs. May Flowers, 29 years of age, wife of W. B. Flowers of Lumberton, as she lay fatally wounded in a room of a Pettigrew street boarding house, in this city. She had been shot through the heart and body, the bullet from a new Colt revolver having passed into a wall beyond. Don Anderson, 22, of Winston-Salem, her professed lover, had done the shooting and afterwards had turned the pistol to his own breast and fired a shot into his heart that brought instant death.

It was the most horrible tragedy that has ever occurred in this city, and hundreds of people flocked to the scene to witness the scene, pretty slip of a girl that lay on a bed, seemingly dying from wounds inflicted by Anderson, and Anderson himself stretched out on the front porch cold in death.

When the tragedy was enacted the husband of the woman was at work on the new Imperial Tobacco Co. building in this city. He was called to the scene.

Flowers said that he married May Stevens of Lumberton 18 months ago and that although he had heard her speak of Don Anderson, had looked at him for the first time, as he lay on the porch. The tragedy, he said, was a great surprise to him.

Mrs. Flowers, in a short statement to officers, said that she had rather be "in this fix than untrue to my husband."

Physicians said this afternoon that Mrs. Flowers cannot live. They say that the bullet passed through her heart, and that it is the first case on record where a woman lived for a similar length of time after suffering such a wound.

A letter from Anderson to Mrs. Flowers, in the possession of Sheriff John F. Harward, is filled with passionate love.

For a Comfortable and Healthful Summer.

In order to spend a comfortable, healthful summer, whether at home or at some resort, says the state board of health, one must look first to his diet, then to his bathing, and then to his sleeping, exercise and re-

creation. A few general precautions are also included in the list.

The diet should consist largely of raw and cooked fruits, well cooked vegetables, milk and butter, but very little meat, eggs and heavy foods. One should eat less in summer than in winter, especially of heat producing foods such as meats, eggs and pastries. Besides producing heat they tend to constipation and mental sluggishness. Drink much water but not quantities of ice water. Above all avoid constipation.

Take a bath every day. A cold sponge bath every morning on getting out of bed and a tub bath at night will do much toward keeping the body in good condition and will make for comfort as well.

Sleep regularly eight hours. If at all practical, sleep out on a sleeping porch. Arrange to sleep in as much moving air as possible. Nothing enables one to withstand the heat of summer with ease as plenty of undisturbed sleep in the open air.

Exercise some every day. Open air games in the cool of the day are good for both the mind and the body. Don't leave off walking because the weather is warm. Walk early in the morning or late in the afternoon. Walking is always essential to health.

Recreation is another form of mental and physical rest and is necessary to mental and physical health. Vacations, outings, camping parties—anything that will give diversion, that will break the monotony and grind—will be beneficial and health-making.

Other precautions making for personal comfort during the summer are: Don't talk hot weather, don't think heat; avoid as much as possible direct exposure to the sun; wear light-weight clothing; go slow and do nothing in excess; don't dissipate, don't over-eat or indulge in alcoholics. But think of the joys of summer and make up your mind to enjoy them freely.

Messrs. R. W. Lemmond, W. C. Stack and S. A. Warlick have already put in an application for a ride in the airship, which will fly here on the Fourth. It is understood that Mr. Tom Dillon had the matter under consideration, but as his doctor advised him that the high altitude would be very detrimental to his health, he decided to abandon the plan. It is believed that efforts will be made to get Mr. R. A. Morrow to consent to be a passenger. But so far the candidates for a ride are Messrs. Lemmond, Stack, and Warlick.

Appreciated.

I desire to publicly express my appreciation of the vote given me in the primary Saturday for the legislature. I did not make any private campaign, nor write any letters or make any personal solicitations. Hence, I take it that the people elected me because they want me to exert every effort of which I am capable to do the things which I spoke for in my public announcement. This I shall do. I feel very deeply the confidence bestowed upon me and appreciate every effort made in my behalf both by personal and public friends.

Sincerely,
R. F. BEASLEY.

Special Notices.

Restore your health, regain your energy, retain your youth at All Healing Springs, Alexander county. Many trustworthy, who have been benefited, say it is the best Mineral Water on earth. The place for you and your family. Write at once and secure one of the new rooms with sleeping porches. If you are sick, drink and get well.—O. F. Pool, Proprietor, get well.—O. F. Pool, Proprietor, Taylorsville, N. C.

Write, telegraph, telephone, A. S. Huske, Fayetteville, N. C., for Peas, Cufas, and other seeds.

For Sale—Nice farm, three miles from Cleveland. For particulars write M. C. Wood, Cleveland, N. C.

Wanted—A good second hand plaining machine. R. W. Killough, Matthews, N. C.

Wanted—Position as general superintendent of farm or stock raising. Good recommendations.—F. G. V. Whitakers, N. C.

Now is the time to recuperate. Why not take your vacation off to Morehead City? Boating, bathing, fishing. The Charles Hotel always ready to welcome you.

C me for shucks, fodder, hay, etc.—L. Medlin.

Potato Plants—Nancy Hall, Early Triumph, Red Mobellan, limited quantity old time Spanish, \$1.50 per thousand, express prepaid. Eastern Yams, \$1 per thousand, express paid. June and July delivery.—C. C. Taylor, Maiden, N. C.

Sweet potato slips by mail 10 cents per 100, by express 7 1/2 cents per 100.—W. H. Blackburn, Newton, N. C. R. 1.

Norton Yam-potato slips \$1.00 per thousand, cash with order.—J. W. Railings, Indian Trail, N. C.

Other Special Notices on page 2.

PULLMAN Car Service

TO
Charlotte, Rutherfordton
(CHIMNEY ROCK)
AND INTERMEDIATE POINTS
EFFECTIVE
TUESDAY, June 15, 1910
VIA

Seaboard Air Line Ry. Co.

TRAIN 31.
Leave Raleigh 8:45 A. M.
Leave Sanford 10:10 A. M.
Leave Hamlet 12:30 P. M.
Leave Wadesboro 1:25 P. M.
Leave Monroe 2:20 P. M.
Leave Charlotte 3:25 P. M.
Arrive Rutherfordton 5:30 P. M.

TRAIN 34.
Leave Rutherfordton 7:00 A. M.
Leave Charlotte 10:10 A. M.
Leave Monroe 11:15 A. M.
Leave Wadesboro 12:07 P. M.
Leave Hamlet 1:00 P. M.
Leave Sanford 3:15 P. M.
Arrive Raleigh 4:42 P. M.

The only Railroad operating through Pullman Car Service between Raleigh and Rutherfordton (Chimney Rock). The Best, Cleanest and Most Satisfactory Service.

JOHN T. WEST, D. P. A., Raleigh, N. C.
JAS. KER, JR., T. P. A., Charlotte, N. C.

LOCAL MARKETS.

COTTON.
Best long staple 12.75
Best short staple 12.50
Seed 60

PRODUCE

The figures given here are prices paid by merchants today. They may be different tomorrow or next day. Readers are advised to phone some responsible merchant on the day they expect to come to market and get figures for that day.

Hams 16 to 18
Hens 35 to 50
Eggs 17 to 18
Young chickens 20-25
Roosters 25
Guinea 20
Butter 12 1/2 to 25
Beef Cattle 4 to 5
Mutton 5
Pork 9 to 10
Corn 95

Program of Carmel Entertainment.

The Community League Girls of Mt. Carmel will give a free recital on the evening of July 9, beginning at 8:00 o'clock. The program is as follows:

1. Chorus, 'Tis Summer (Wagner.)
2. Duet, Chop Sticks (De Lulle).
3. Reading The Elf Child (Reilly) Miss Odessa Richardson.
4. Piano, Sweet-heart Waltz (Ker) Miss Hallie Mae Helms.
5. Duet, Over Hill and Dale (Englemann Op. 270) Misses Lillian and Louise Blakeney.
6. Piano, Trip to Niagara (Cornish) Miss Mildred Broom.
7. Duet, Whispering Slope (Hawthorne) Misses Edna and Mayme Helms.
8. Piano, Jolly Brothers Galop. Miss Mayme Helms.
9. Piano, On to Prosperity (Ferber) Miss Edna Helms.
10. Duet, Qui Vive (Ganz Op. 12) Misses Lillian and Louise Blakeney.
11. Piano, Rizoletta (Tavan) Miss Faye Helms.
12. Reading, Old Sweetheart of Mine, (Reilly) Miss Odessa Richardson.
13. Duet, Playton's Grand March (Blake) Misses Mildred Broom and Faye Helms.
14. Vocal, Sextette from Lucia (Danizetti) Miss Edna Helms.
15. Piano, Saltearelle-Caprice (Lack) Miss Lillian Blakeney.
16. Military Galop (Labitzky) Misses Mayme and Faye Helms.
17. Vocal, Somewhere a Voice is Calling (Tate) Miss Mayme Helms.
18. Reading, The Culture in Dixie, Miss Fair Moore.
19. Chorus, Dixie.

News From Weddington.

Correspondence of The Journal.

Mr. F. H. Wolfe and family of Monroe spent part of last week with Mrs. Wolfe's mother, Mrs. A. J. Price. Mr. Charles DeLaney, who has been attending school at the University, returned home Monday.

Mr. and Mrs. John M. Hemby spent Sunday at Mr. Lester Morris, in the Union neighborhood.

Little Miss Martha DeLaney of Charlotte is spending sometime with her grandmother, Mrs. J. S. DeLaney. Mr. O. L. Hemby, who is postmaster at Indian Trail, spent Sunday with home-folks.

Mr. Cletis Deal is home from Trinity College to spend the summer. Mrs. J. W. Kanauff of Winston-Salem, who has been visiting her parents, Mr. and Mrs. W. G. Morris, returned home Monday.

Some men are like doormats—useful chiefly to be walked over.

But the man who shines in society seldom shines in his business.

EXTRA Specials This Week

All shades and widths in good quality satin and tafeta ribbons at from one to twenty-five cents.

Moire ribbon six inches wide in staple colors at 25 cents a yard.

One lot open end, good length, four in hand ties eight cents, two for 15c.

An elegant line of fancy stripes figures and solid color four in hand ties at 25 cents.

Children's windosrs in colors and plaids for 25 cents.

AUSTIN & CLONTZ,
Five and Ten Cents Store.
Where Every Little Bit Counts.

Rex Theatre

MONROE'S
MODERN
OVIE."

Wayland Comedy Company

4—PEOPLE—4

COMEDY, TALKING, SINGING AND DANCING.

Hear Wayland and Lee Sing that popular song, "Are you from Dixie?" Change of costumes, songs and jokes today—ALL NEW.

Bring all the children to see that clever little Buster Wayland imitating Charlie Chaplin.

POSITIVELY A CLEAN SHOW

Also a 5 reel Master Picture featuring WILLIAM RUSSED and HELEN ROSSON in "THE CRAVING." A psychological drama.

COMPLETE CHANGE OF PROGRAM EVERY DAY.

Prices today and tomorrow 10 and 15 cents.

A Letter to Wild Rose.

Dear Miss Wild Rose:—I am a subscriber of The Monroe Journal and a former resident of Union county. I read your letters in The Journal every week also, Scapegoat, Padersky, Student, and all the other correspondents, which are very interesting to me. In fact, it is the only way I can keep in touch with the people and happenings of Union county.

Your letter last week was "double-headed," with a snake and a fishing story. I can "get by" O. K. with the fishing story, but—my soul! That snake story. If you are contesting in the Annals Club for a medal, in my opinion, you will be the winner.

You will no doubt recall the embarrassing position in which Captain W. L. Howie placed himself when he told the story about the old darkey carrying the mail from Monroe to Jefferson. He was compelled to go to the tall timbers to produce evidence to defend his statement, consequently he won out; and now it is up to you to do likewise to keep The Journal readers from questioning your statement regarding the immense snake. I advise you to clear your statement on the snake story before you enter for debate on the Suffrage question. I shall be anxious to see what your letter contains in the next issue.

To keep the other correspondents from "jawing" at me for challenging your snake story, I think it best to withhold my identity, besides I don't amount to much anyway. I am an old married man with a good wife and one fine baby daughter.

I did not relish Dr. Houston's remarks, some time ago, about my friend, Jim Hudson and his donkey, as they are usually the first Union county folks to greet me when I land at the station in Monroe.

In conclusion, I wish you success in making clear your suspicious snake tale.

Yours most sincerely,
Maryland. SUBSCRIBER.

Transgressors should be made to pay a road tax.
Envy is an acknowledgment of the good fortune of others.

ASHEVILLE A WEEDLESS TOWN

To make Asheville a haven for hay-fever sneezers this summer is the latest endeavor on the part of that city's energetic health officers and board of commissioners. An ordinance recently passed makes it unlawful for a weed over four inches in height to be left in the city limits. This measure was designed to free Asheville of all hay-fever producing weeds and thus make her a place of refuge for hay-fever sufferers.

That the citizens might the more intelligently co-operate in the anti-weed movement, the city health officers planned a hay-fever weed exhibit. In many of the store windows were displayed all kinds of weeds pollens are supposed to be the cause of hay fever, and all the citizens were urged to become acquainted with these offending weeds that they might know to exterminate them this summer. Dr. W. Scheppegrell, of New Orleans, president of the American Hay Fever Association, is giving assistance to the city of Asheville in her undertaking to become a weedless town.

"Asheville believes in making herself healthfully attractive," says the State Board of Health, "and she benefits accordingly. She has for a number of years enjoyed the reputation and the advantages of a fly-less town, comparatively speaking, and of a pure milk and water supply. Now she adds to her many other health attractions by ridding herself of weeds and becoming a safe place for sufferers from hay fever. Her newest campaign slogan is, 'No weeds, No hay-fever.'"

Well Picked.

Aunt—"Your bride, my dear boy, is wealthy and all that, but I don't think she'll make much of a beauty-show at the altar."

Nephew—"You don't, eh? Just wait till you see her with the bridesmaids she has selected."—Nashville Tennessean.

However, a fool and his money are a combination you don't meet every day.

The Popular Store

For Men's Clothing, Shoes and Furnishings, offers

Cool Cloth Suits.

New lot in pinch back and plain back models.

Also
New Nifty Patterns in Plaid Shirts.

Newest Thing.
Come around.

Hamilton-Liles Company.

NOW IS YOUR CHANCE.

Having for the moment caught up with our shipments of potato plants, we will for the next few days, sell plants at the reduced price of

one dollar per thousand.

In ten thousand lots ninety cents per thousand. Our plants are the best to be secured for Union county as they are grown here and we deliver them fresh from the bed. Many have already set them out and are highly pleased with them as they are growing off beautifully. We make prompt delivery. Porto Rico and Nancy Hall varieties.

Springdale Farm
GARRISON MEDLIN, Manager. Monroe, N. C.

For the purpose of offering our customers, and others, an inducement to trade with us exclusively, we have just closed a contract for a large quantity of Kokus Sterling China, and the famous Blue Bird design dinner sets at a very low price. We will give you a coupon with every twenty-five cents cash purchase, when you have secured twenty of these coupons return them to us with \$2.98 and receive one of these 42 piece dinner sets free. These sets are on display in our show window. You may have choice of the two designs. When you want fine groceries, call J. C. SMITH CO. We feature in Quality, Price, Service. Phone 33